



An innovative wellness platform blending technology, awareness, and healing pathways for African American, Native American, Latinx, and Asian and Pacific Islander American boys (13+) and men, and for those who identify as LGBTQIA+ within these communities. **This project is considered a Promising Practice.** We aim to reduce disparities, remove stigma, heal trauma, and end prolonged suffering. We deliver Prevention and Early Intervention (PEI) education while increasing mental health awareness toward healing, treatment, and linkages to care.

—Wellness for
Boys and
Men of Color



This program is funded by Sutter Health, Blue Shield of California, and the Sacramento County Division of Behavioral Health Services through the voter approved Proposition 63, Mental Health Services Act (MHSA), and administered by the California Mental Health Services Authority (CalMHSA). It is also supported by Elevate Youth California and funded through Proposition 64.



Sutter Health



brotherbewell.com