

Into the Classroom

STUDENT BEHAVIORAL HEALTH AWARENESS MULTIMEDIA SERIES

PARTNERSHIP INFORMATION



MULTIMEDIA EDUCATION

Free mental health awareness and substance use prevention multimedia for classrooms and groups serving all students.

LEARNING LIBRARY

Essential conversations and learning tools on trauma and healing, plus special topics for parents and caregivers.

RISE 360 COURSES

Innovative behavioral health courses appropriate for youth and adults from all sectors of the community.

mentalhealthca.org

MULTIMEDIA BEHAVIORAL HEALTH AWARENESS

Do you need student-friendly, ready-made behavioral health resources but just don't have the time to create them?

No problem. We've got you covered!

Mental Health California's *Into the Classroom Student Behavioral Health Awareness Multimedia Series* equips classrooms and youth groups with original, engaging content designed to foster student behavioral health education and awareness. Our media and tools are tailored for middle school through college-aged students. Participating classrooms actively engage students using our multimedia presentations, videos, and handouts. The program's overarching goal is to enhance behavioral health awareness and provide Prevention and Early Intervention (PEI) education. This free Tier 1 service is designed for all students.

Into the Classroom Videos

Video Sessions
Presentations
and Handouts for
All Students



Into the Classroom MOC Videos

Video Sessions
and Handouts for
Males of Color



Into the Classroom Podcasts



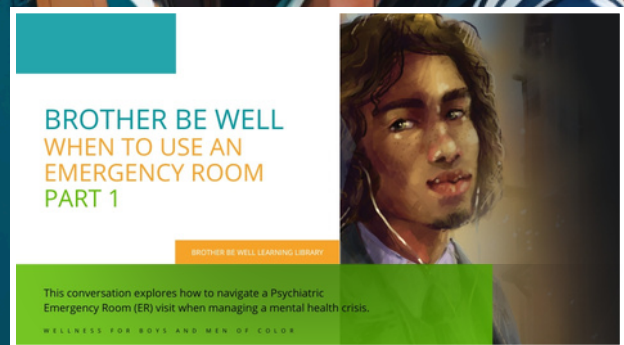
Into the Classroom Webinars



LEARNING LIBRARY

Tools at our fingertips for the knowledge we all need.

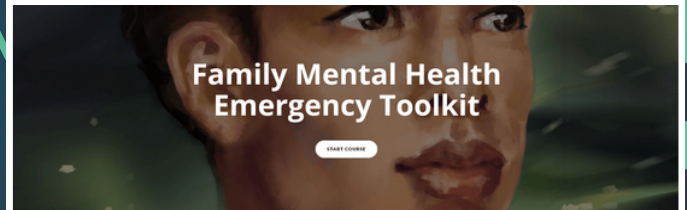
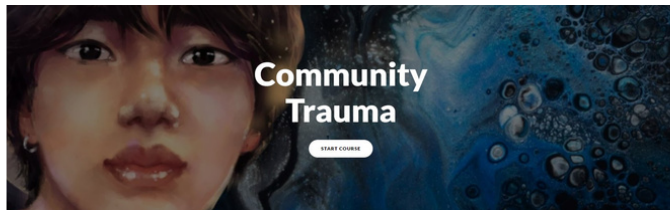
Offering essential conversations on trauma and healing, the *Into the Classroom Learning Library* helps parents and caregivers feel more confident in navigating sometimes rough waters. Our videos and presentations are perfect for school and community settings. Start learning now.



Innovative web-based
courses to lift us higher.

RISE 360 COURSES

We also offer responsive behavioral health awareness courses supporting Tier I of a Multi-Tiered System of Supports (MTSS)—education for all students. The innovative *Into the Classroom Rise 360 Courses* are appropriate for youth and adults from all sectors of the community. Our courses are always accessible, allowing students and community members to learn anytime, anywhere, on any device.



BROTHER BE WELL

Wellness for Boys and Men of Color

In partnership with our signature initiative, **Brother Be Well**, Into the Classroom offers multimedia specific to males of color. We remove barriers to behavioral health education through these specially-curated productions and handouts.

ABOUT BROTHER BE WELL

Brother Be Well is a multimedia platform dedicated to empowering boys and men of color through awareness, innovation, education, and healing. Our mission is to reduce disparities, break cycles of prolonged suffering, and promote behavioral health and wellness. We provide a safe, supportive space where males of color can engage in open conversations about mental health and substance use prevention. Through clinical and holistic Prevention and Early Intervention (PEI) education, we connect individuals to vital resources and care. The Brother Be Well blog, media, and tools are publicly accessible, offering free resources for individuals, schools, and youth-serving organizations to start using today.

brotherbewell.com



BROTHER BE WELL BLOG

A one-of-a-kind blog
advancing behavioral
health awareness.

The Brother Be Well blog is a leading destination for multimedia content centered on wellness for males of color while covering topics that resonate with the broader community. Explore our videos, podcasts, and articles anytime, from any device. Our widely acclaimed podcasts are available on Apple Podcasts, Spotify, Castbox, Amazon Music, Podchaser, iHeartRadio, Pandora, and other major platforms. Subscribe to our blog to stay connected and receive the latest multimedia content.

Inspirational Podcasts



Empowerment Videos



Youth Chat Videos



Holistic Education



Impactful Conversations



Awareness Videos



Partner with us today!

We're partnering with schools and youth-serving organizations like yours to bring accessible, engaging behavioral health education to all students, at no cost.

Are you ready to equip your students with the behavioral health tools they need to thrive?

Visit us to get started, because every student deserves the tools to successfully navigate their behavioral health journey.

mentalhealthca.org/partners

- Integrate our media and curriculum into your lesson plans.
- Enhance wellness talks with our ready-made visual presentations.
- Spark meaningful classroom discussions using our blog's multimedia content.
- Download our handouts for interactive quizzes and activities.
- Host a podcast listening session to educate and engage youth.
- Offer extra credit for students who review and reflect on our videos.
- Utilize our Learning Library to support social-emotional education.
- Educate both staff and students with our web-based courses.





Mental Health
California



blue
california



Into the Classroom, sponsored by Blue Shield of California's BlueSky initiative, is produced by Mental Health California, a 501(c)(3) nonprofit dedicated to behavioral health education and wellness. Through digital publishing, community engagement, innovative media, and special programs, we create meaningful conversations that enhance awareness, improve access, and inspire hope. Our work includes impactful community initiatives, innovation, and education campaigns designed to inform and empower individuals while transforming lives.